| | Foreword | ix |
|--|---|------|
| | Introduction | xiii |
| | (me)volution Model | XX |
| | Sam Singh's story, told by Tony Myers | 1 |
| | Compulsion – "I must" | 13 |
| | Ken Shipley's story, told by Fraser Green | 15 |
| | Commitment – "I will" | 27 |
| | Noerine Kaleeba's story, told by Ken Burnett | 31 |
| | Confidence – "I can" | 43 |
| | The transition from you to others | 47 |
| | Karen Hlynsky's story, told by Tom Ahern | 49 |
| | Action – "I do" | 61 |
| | The journey others take with you | 63 |
| | Brother Kelly's story, told by Kay Sprinkel Grace | 65 |
| | Vision – "We see" | 79 |
| | Veronica's story, told by Jana Ledvinova | 83 |
| | Values – "We believe" | 89 |
| | Mary Kim's story, told by Simone Joyaux | 93 |
| | Empowerment – "We build" | 109 |
| | David Serra's story, told by Jon Duschinsky | 119 |
| | Conclusion | 131 |
| | (me)volution Model | 136 |
| | Postscript | 137 |
| | About the Authors | 139 |
| | About the Contributors | 141 |